Course title <english></english>	エビデンスユーザ入門 Introduction to EBM: How to use evidence in your daily life					i departinent.		Graduate School of Medicine Professor,FURUKAWA TOSHIAKI			
Target year		Professional degree students		Number of credi		its	2	Course offered year/period			2018/Irregular, year-round
Day/period 月		2 開講日注意	Cla	ss style	Lecture					Language	Japanese and English
[Outline and Purpose of the Course]											

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The term "Evidence-Based Medicine" (EBM) is now so popular that every scientist calls his favorite data "evidence".

This course aims to provide basic knowledge for evidence users, namely to learn what constitutes evidence, how to find it, how to use it and what to do when you cannot find such in the clinical decisions for individual patients and in the policy decisions.

We expect that, once you become proficient evidence users, you will also become ambitious evidence makers. Given the various backgrounds of the KUSPH students, we also expect that EBM can be practiced for all kinds of human services including alternative & complimentary medicine, education, economic policies, environmental policies etc.

\*\*\* We expect to form one group for English-speaking students. \*\*\*

#### [Course Goals]

- 1. To learn standard checkpoints for critical appraisal in diagnosis, treatment (intervention), prognosis, and systematic reviews.
- 2. To submit one report for each of the above domains that deals with the student's own clinical question and describes how he/she formulated a clinical question, how he/she found the evidence, how he/she critically appraised the evidence and how he/she applied the evidence.

#### [Course Schedule and Contents]

The class will basically proceed as follows:

- 1. The students will take turns to present the summary of checkpoints for critical appraisal in diagnosis, treatment (intervention), prognosis and systematic reviews based on the designated standard textbook of EBM.
- 2. The students will be divided into small groups and each group will present an example of practicing EBM in each of the domains above.
- 3. After learning the basic process of EBM for the five domains as described above, each student will present a report that deals with the student 's own clinical question.

As a lot of time of self-learning will be required, we expect the students to be so prepared and the class will be held, in principle, every two weeks. Please pay good attention to the class schedule.

- 1. April 9 The spirit of EBM [Prof Furukawa]
- 2. May 14 Checkpoints for critical appraisal for articles in treatment (intervention) [Students]
- 3. May 28 Examples of practicing EBM for treatment (intervention) [Groups]
- 4. June 4 Examples of practicing EBM for treatment (intervention) [Groups]
- 5. July 9 Checkpoints for critical appraisal for articles in diagnosis [Students]
- 6. July 30 Examples of practicing EBM for diagnosis [Groups]

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- 7. Aug 6 Examples of practicing EBM for diagnosis [Groups]
- 8. October 1 Checkpoints for critical appraisal for articles in prognosis [Students]
- 9. October 15 Examples of practicing EBM for prognosis [Groups]
- 10. October 29 Examples of practicing EBM for prognosis [Groups]
- 11. November 12 Checkpoints for critical appraisal for articles in systematic reviews [Students]
- 12. November 19 Checkpoints for critical appraisal for articles in network meta-analysis [Students]
- 13. December 3 Examples of practicing EBM for systematic reviews [Groups]
- 14. December 17 Examples of practicing EBM for systematic reviews [Groups]
- 15. January 21 Reserve date

#### [Class requirement]

We recommend MPH elective for "Literature Search" and "Critical Appraisal."

### [Method, Point of view, and Attainment levels of Evaluation]

Class participation (40%)

Four reports for diagnosis, treatment (intervention), prognosis, and systematic reviews (60%)

### [Textbook]

Gordon Guyatt et al "Users' Guides to the Medical Literature: Essentials of Evidence-Based Clinical Practice, 3rd Edition (McGraw-Hill Professional) (All the chapters we designate for the class are included in the following "Manual" too. If you have purchased the "Manual", you need not purchase the "Essentials.")

#### [Reference books, etc.]

#### ( Reference books )

Gordon Guyatt et al <sup>P</sup>Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice, 3rd Edition (McGraw-Hill Professional)

古川壽亮 『エビデンス精神医療』(医学書院)

## ( Related URLs )

http://ebmh.med.kyoto-u.ac.jp/toolbox.html(Please use various tools available in our Department website.)

# [Regarding studies out of class (preparation and review)]

As a lot of time of self-learning will be required, we expect the students to be so prepared.

#### (Others (office hour, etc.))

Participation from Graduate course of Human Health Sciences is accepted.

\*Please visit KULASIS to find out about office hours.