### Course title
Introduction to EBM: How to use evidence in your daily life

### Affiliated department, Job title, Name
Graduate School of Medicine, Professor, FURUKAWA TOSHIAKI

### Target year
Professional degree students

### Number of credits
2

### Course offered year/period
2017/Irregular, year-round

### Day/period
月2 開講日注意

### Class style
Lecture

### Language
Japanese and English

### Outline and Purpose of the Course
The term Evidence-Based Medicine (EBM) is now so popular that every scientist calls his favorite data evidence. This course aims to provide basic knowledge for evidence users, namely to learn what constitutes evidence, how to find it, how to use it and what to do when you cannot find such in the clinical decisions for individual patients and in the policy decisions.

We expect that, once you become proficient evidence users, you will also become ambitious evidence makers. Given the various backgrounds of the KUSPH students, we also expect that EBM can be practiced for all kinds of human services including alternative & complimentary medicine, education, economic policies, environmental policies etc.

*** We expect to form one group for English-speaking students. ***

### Course Goals
1. To learn standard checkpoints for critical appraisal in diagnosis, treatment (intervention), prognosis, and systematic reviews.
2. To submit one report for each of the above domains that deals with the student’s own clinical question and describes how he/she formulated a clinical question, how he/she found the evidence, how he/she critically appraised the evidence and how he/she applied the evidence.

### Course Schedule and Contents
The class will basically proceed as follows:
1. The students will take turns to present the summary of checkpoints for critical appraisal in diagnosis, treatment (intervention), prognosis and systematic reviews based on the designated standard textbook of EBM.
2. The students will be divided into small groups and each group will present an example of practicing EBM in each of the domains above.
3. After learning the basic process of EBM for the five domains as described above, each student will present a report that deals with the student’s own clinical question.

As a lot of time of self-learning will be required, we expect the students to be so prepared and the class will be held, in principle, every two weeks. Please pay good attention to the class schedule.

1. April 10 The spirit of EBM [Prof Furukawa]
2. May 8 Checkpoints for critical appraisal for articles in treatment (intervention) [Students]
3. May 22 Examples of practicing EBM for treatment (intervention) [Groups]
4. June 5 Examples of practicing EBM for treatment (intervention) [Groups]
5. June 19 Checkpoints for critical appraisal for articles in diagnosis [Students]
6. July 24 Examples of practicing EBM for diagnosis [Groups]

Continue to エビデンスユーザ入門 (2)
7. July 31  Examples of practicing EBM for diagnosis [Groups]
8. October 2  Checkpoints for critical appraisal for articles in prognosis [Students]
9. October 16 Examples of practicing EBM for prognosis [Groups]
10. October 30  Examples of practicing EBM for prognosis [Groups]
11. November 13  Checkpoints for critical appraisal for articles in systematic reviews [Students]
12. November 27  Checkpoints for critical appraisal for articles in network meta-analysis [Students]
13. December 11 Examples of practicing EBM for systematic reviews [Groups]
14. December 25  Examples of practicing EBM for systematic reviews [Groups]
15. January 22 Reserve date
16. February 5 Reserve date

[Class requirement]
We recommend MPH elective for Literature Search and Critical Appraisal.

[Method, Point of view, and Attainment levels of Evaluation]
Class participation (25%)
Five reports for diagnosis, treatment (intervention), prognosis, side effects (aetiology), and systematic reviews (75%)

[Textbook]
Gordon Guyatt et al. "Users' Guides to the Medical Literature: Essentials of Evidence-Based Clinical Practice, 3rd Edition" (McGraw-Hill Professional) (All the chapters we designate for the class are included in the following "Manual" too. If you have purchased the "Manual", you need not purchase the "Essentials."

[Reference books, etc.]
(Reference books)
古川壽亮 『エビデンス精神医療』（医学書院）

(Related URLs)
http://ebmh.med.kyoto-u.ac.jp/toolbox.html (Please use various tools available in our Department website.)

[Regarding studies out of class (preparation and review)]
As a lot of time of self-learning will be required, we expect the students to be so prepared.

(Others (office hour, etc.))
Participation from Graduate course of Human Health Sciences is accepted.
*Please visit KULASIS to find out about office hours.