In this class we will consider disease and human ageing in relation to ecology and culture. The aim will also be to teach students basic knowledge in precautions in medicine for when staying in tropical areas from the viewpoint of preventive medicine.

**[Course Goals]**

To understand Comprehensive Geriatric Assessment.
To understand Field medicine for Community-dwelling elderly in Japan and Southeast Asian Communities.
To understand the association between Disease & Human Aging and Ecology & Culture

**[Course Schedule and Contents]**

After giving a basic introduction to key points in disease and aging, we will have a free discussion on issues in disease and aging, and natural ecosystems and culture, connecting these with the fields of concern of students taking the class. This process should help students consider issues in medicine that relate to their own topics. I will also introduce some medical views based on fieldwork relating to the state of health of elderly people living in the community in Southeast Asian countries, and through itemized discussions on certain specific problems, explore issues with more specificity and search for solutions.

- Introduction to epidemiology
- Introduction to travel medicine, high-altitude medical care
- Introduction to geriatric medicine
- Introduction to field medicine
- Disease and ageing and the natural ecosystems
- Disease and ageing and culture
- Views on field medicine in Japan
- Views on field medicine in Southeast Asia
- General discussion

**[Class requirement]**

None

**[Method, Point of view, and Attainment levels of Evaluation]**

Evaluation will be made based on question-and-answer participation in class and reports.

**[Textbook]**

Instructed during class
In the second week of August, the instructor is going to hold a week-long study camp in Kochi Prefecture on health checks for the elderly. 30 people will be participating: 10 doctors, students in their first year from "pocket seminars" in Kyoto University, undergraduate students in the Faculty of Medicine and graduate students in the Graduate School of Medicine of Kyoto University. Consideration will also be given to any students in this class who wish to participate.

Ecosophia No. 14 "Byouki to iu shizen to do tsukiau ka" [How to live with illness as something natural?]. (Showado, 2004)
Ecosophia No. 19 "Eijingu to wa nani ka" [The meaning of ageing]. (Showado, 2007)

Kozo Matsubayashi, MD, PhD
Center for Southeast Asian Studies
Kyoto University
46 Shimoadachi-cho, Yoshida, Sakyo-ku,
606-5801 Kyoto, Japan
TEL:+81 75-753-7368
FAX:+81 75-753-7168
E-mail:kmatsu@cseas.kyoto-u.ac.jp

*Please visit KULASIS to find out about office hours.